

VINCENT'S NEWS

The 'Van-Go' Gallery



"Wherever you see a 'Vincent's Van Go' you know the job will be a work of art."

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OWNER'S CORNER

THROUGH MY EYES

When I was growing up my parents always had a garden. Rhubarb, leaf lettuce, chives, green onions, cucumbers, carrots, green beans, beets, tomatoes and green peppers were the typical crops. As a result, I owe a debt of gratitude to my mom and dad for my love of vegetables and fruit.

I remember mom would always make a delicious home-made strawberry-

rhubarb jelly, which was perfect on home baked bread fresh out of the oven. And when she cooked vegetables like carrots or green beans she made sure not to over-cook them, but left them with a little crunch. They were perfect with salt & pepper and butter slathered over them. I loved it all. But



Here I am with my amazingly tall tomato plants. – Daniel Squires

out of all the produce we ate my absolute favorite were tomatoes.

I know that not everyone likes them, but I love

Continued Page 3

Did you know...

...you can still have a Comfort Guard furnace and A/C monitoring system installed at no cost? Limited quantities available. See the enclosed insert for more information.



October is the beginning of a new program: "VHP Gives Back"

"VHP Gives Back" is a way for you to help your favorite organization by means of a friendly competition between the supporters of three worthy local organizations. The prize is a check for \$1,000 that

Vincent's Heating & Plumbing will donate to the organization that has the most votes at the end of the quarter. This quarter you can vote for: **Hunter Hospitality**

House, The Harbor, or Youth for Christ East Michigan.

Voting is online at our website at this



Helpful IAQ (Indoor Air Quality) Hints for Keeping You and Your Family Comfortable and Safe During the Upcoming Winter Cold

1) **ADD A HUMIDIFIER** – putting moisture into the air has a lot of benefits:

- Dry air increases static electricity. Adding moisture to the air eliminates static electricity.
- Dry air can irritate sensitive nasal passages and lead to inflammation and infection. Adding moisture to the air solves this problem and promotes health.
- Dry air can cause dry, itchy skin. Adding moisture to the air helps keep your skin healthy.
- Dry air feels colder because as sweat evaporates from our skin it cools us down. Adding moisture to the air helps reduce sweat evaporation and thereby we feel warmer. This means you can keep the temperature setting on your thermostat lower than when the air is dry and still feel comfortable, which in turn saves energy.

2) **HUMIDIFIER MAINTENANCE** –

- Don't forget to turn on the water to your humidifier if you turned it off for the summer.
- Don't forget to change the

humidifier pad. This should be done every year as minerals in the water will accumulate on the pad and reduce effectiveness.

3) **ADD A GERMICIDAL UV AIR PURIFIER** –

- Ultraviolet radiation kills germs and mold spores upon contact. This is helpful during allergy season when your immune system is compromised by allergies and during flu season to help stop germs from being spread.

4) **GERMICIDAL UV AIR PURIFIER MAINTENANCE** –

- Most UV bulbs need to be changed annually to be effective. Don't be fooled into thinking a bulb is working just because it is generating light. The wavelength of the radiation that kills germs will be different than the wavelength that produces light. Unless a bulb is rated for more than 12 months effectiveness, change it yearly. Also, be careful to purchase replacement bulbs from a reliable source. A cheap price can mean a cheap, ineffective product.

5) **FURNACE FILTER MAINTENANCE** –

- Replace standard 1" filters frequently. A dirty filter will reduce air flow.

- Reduced air flow can slow and even stop heat from being distributed through your house.
- Reduced air flow will make your furnace work harder. This raises your gas bill and can cause furnace breakdowns and even shorten furnace and blower motor life.

- Be careful with filters with high "MERV" ratings that promise cleaner air. High MERV ratings in 1" filters will reduce air flow, causing all the problems just described.

- If you want a better filter, upgrade your filter to an electronic air filter that fits in a 1" filter slot but doesn't reduce air flow or a 4" to 5" filter with pleated air filter material. The additional filter surface provided by the pleats is less restrictive for air flow. Also, these filters typically only need to be changed annually.

- *Daniel Squires*



Vincent's Heating & Plumbing is proud to install Amana equipment, made in the USA.

Through My Eyes (Continued from Page 1)

tomatoes whether they are in a salad or all alone sliced with a little salt & pepper. But the absolute best is when they are in a sandwich, especially the crown achievement of sandwiches: the BLT on toasted bread. There is just something about the combination of bacon, lettuce and tomato with a little mayonnaise. I would always look forward to having a tomato-fest at the end of summer. Regretfully, I did not follow in my parents footsteps in having my own garden. This is due in part to the fact that they would always send fresh produce they grew to me and because of my busy life in raising a family and growing Vincent's Heating & Plumbing.

Then last summer, my wife Karen brought home some delicious, juicy red tomatoes from one of her co-workers that when sliced were large enough for a single slice to fill a piece of bread. They were perfect. Then some suppressed DNA took over and I

harvested some seeds from one, determining to grow them for myself.

Actually, I forgot about the seeds until April when I found them. Almost too late, I got starter planters that I planted them in. Near the end of May, I built a raised planter box that was 4' x 16', and the first week of June I transferred six seedlings to it. They were only 6 inches tall, but I spaced them evenly in the middle across the entire length.

I never got around to planting the other intended veggies but that turned out to be a good thing. My six little seedlings grew to dominate the entire space. In fact I had to build a lattice-work structure to help keep the plants from falling over. They actually grew to a height of over 8 feet! And while they ripened late due to my late start, the tomatoes have been amazing! And now at the end of September I am

having the tomato-fest that I hoped for. And I already have plans for next year to start earlier.

It's been a good reminder that like so many things in life, that if you decide to invest the time in something and faithfully nurture it that it will typically produce a good result - whether it's in business or in relationships. For me, I see this not only in my personal relationships with my wife, my children, and my friends - but also in Vincent's Heating & Plumbing with our terrific team and you and our other customers. -

Daniel Squires



What Our Clients Are Saying...

I know I can always trust the workers VHP sends. The work is done quickly and correctly. Their technicians are always helpful, friendly, and knowledgeable.

Denise— Marysville

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Word Search: Vegetable Garden

S L I Z K C I Q M C O Y U G A H C N
R R I U I Z H A I T U N B E Y O Q T
E O D C C W T I A C E C U T T E L P
P P K C X O B M V G Q L U K D E L C
P U B H N B O R Z E B X A M R F I R
E Y R I C T J N A Y S T E E B L E A
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T R K Y A T Q G N C G R R U S Y A H
I F V C H B D R B N O Z X G J A L V
X J V S F R F T S R B Y K Z C F B P

Tomato
Carrot
Cucumber
Onion
Green Beans
Lettuce
Beets
Rhubarb
Chives
Peppers
Basil
Radish
Zucchini
Cilantro

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Your Best Choice*

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Humor Section



What is small, red and whispers?

A hoarse radish.

Why did the tomato turn red?

It saw the salad dressing!

How do you make gold soup?

Put 24 carrots in it.

Why did the tomato go out with a prune?